

## Application Form

### Certificate Course in Obesity and Weight Management 2021

Please complete in BLOCK letters

Title\* : Prof  Dr  Mr  Ms  Gender\* : M  F

Name : \_\_\_\_\_ (English) \_\_\_\_\_ (Chinese)  
Surname Given names

Occupation\* : Family doctor  Physician  Dietitian  Nurse  Pharmacist   
Physiotherapist  Health Care Professional  Medical Researcher  Scientific Personnel

Others : \_\_\_\_\_

Position : \_\_\_\_\_ Department : \_\_\_\_\_ Institution/Organization : \_\_\_\_\_

Correspondence Address : \_\_\_\_\_

Email : \_\_\_\_\_ Contact no. : \_\_\_\_\_ \* Please check the box(es)

	Early-bird Fee	Standard Fee
<b>Whole Course</b>	HK\$4,760 <input type="checkbox"/>	HK\$4,830 <input type="checkbox"/>
<b>Symposia</b>		
Both Symposia	HK\$ 690 <input type="checkbox"/>	HK\$ 770 <input type="checkbox"/>
9 JAN 2021 (SAT)	HK\$ 385 <input type="checkbox"/>	HK\$ 425 <input type="checkbox"/>
23 JAN 2021 (SAT)	HK\$ 385 <input type="checkbox"/>	HK\$ 425 <input type="checkbox"/>
<b>Interactive Workshops</b>		
Both Workshops		HK\$4,600 <input type="checkbox"/>
27 FEB 2021 (SAT)		HK\$2,350 <input type="checkbox"/>
13 MAR 2021 (SAT)		HK\$2,350 <input type="checkbox"/>

For enrollment, please fax the completed application form to (852) 2947 8495 or email at [cowm@cuhk.edu.hk](mailto:cowm@cuhk.edu.hk). The original copy should be mailed with a crossed cheque payable to "The Chinese University of Hong Kong" to the following address:  
Programme Office, HKIDO  
The Chinese University of Hong Kong  
3/F, Lui Che Woo Clinical Sciences Building  
Prince of Wales Hospital, Shatin, New Territories

#### Notes to Applicants

- To enjoy the early-bird fee, application for the whole course or individual symposia/workshops should be submitted to the Programme Office by mail, fax or email before the deadline.
- Application at standard fee will be accepted one week prior to the commencement of the course/symposium/workshop.
- Payment should be paid by cheque (payable to "The Chinese University of Hong Kong").
- Acceptance of application is subject to availability.
- No refund will be made once being accepted.
- Applicants are expected to attend the symposium/workshop at the place and time specified in the student timetable.
- The Chinese University of Hong Kong as a data user undertakes to comply with the requirements of the Personal Data (Privacy) Ordinance to ensure that personal data kept are accurate, securely kept and used only for the purpose for which they have been collected.

Signature : \_\_\_\_\_ Date : \_\_\_\_\_

FOR OFFICE USE ONLY

Application no. : \_\_\_\_\_ Checked by : \_\_\_\_\_ Date : \_\_\_\_\_

# Certificate Course in Obesity and Weight Management 2021



Early-bird Application Deadline:  
**15 December 2020**



**Application and Enquiries**  
Enquiry Hotline: (852) 2672 9190  
Fax: (852) 2947 8495  
Email: [cowm@cuhk.edu.hk](mailto:cowm@cuhk.edu.hk)  
[www.hkido.cuhk.edu.hk](http://www.hkido.cuhk.edu.hk)  
HKIDO





What can I  
learn from  
this course

## Symposia (2:00pm – 5:15pm)

Overview of epidemiology, pathophysiology, medical hazards and management of obesity emphasizing the application of knowledge relevant to multidisciplinary clinical practice

### 9 JAN 2021 (SAT) Obesity - from epidemiology to pathophysiology

- Origin of obesity - from brain to gut to ectopic sites
- Obesity as a chronic disease - Greater China perspectives
- Role of gut microbiome in obesity

### 23 JAN 2021 (SAT) Management of obesity - from theory to practice

- Weight management - past, present and future
- Popular diets for weight management - are these sound diets?
- Role of exercise and behavior modification

## Interactive Workshops (2:00pm – 6:30pm)

Case studies, interactive discussions and multidisciplinary approach are used to demonstrate the principles of diagnostic evaluation and management of obesity and its co-morbidities

### 27 FEB 2021 (SAT) Managing obesity related co-morbidities

- Clinical assessment of obesity
- Gynecological complications of obesity
- Cardiovascular complications of obesity
- Psychobehavioral treatment of binge eating disorder in obese subjects

### 13 MAR 2021 (SAT) Managing obesity - a multidisciplinary approach

- Role of metabolic surgery in obesity management
- Exercise and lifestyle modifications
- Peri-operative management of patients undergoing metabolic surgery
- Practical dietary strategies for weight management

**Venue:** Seminar Room 1, 2/F  
Lui Che Woo Clinical Sciences Building  
Prince of Wales Hospital  
Shatin, New Territories

## Course Director

### Prof Juliana Chan

Director, Hong Kong Institute of Diabetes and Obesity, CUHK  
Chair Professor, Department of Medicine and Therapeutics, CUHK

## Course Co-Directors

### Prof Alice Kong

Professor, Department of Medicine and Therapeutics and Hong Kong Institute of Diabetes and Obesity, CUHK

### Dr Andrea Luk

Associate Professor, Department of Medicine and Therapeutics and Hong Kong Institute of Diabetes and Obesity, CUHK



Can I get  
CME  
points?

## CME Accreditation from the Following Professional Organizations

- Hong Kong College of Paediatricians – 10 points
- Hong Kong College of Physicians – 6 points
- Hong Kong College of Radiologists – 15 Cat B passive points
- The College of Surgeons of Hong Kong – 16.5 CME points
- Hong Kong Physiotherapy Association – 15 CPD points
- The Hong Kong College of Pathologists – 1 PP CME points

\*Approved CME points of other professional organizations are updated on our programme website

## Teaching Faculty

- Prof Juliana Chan
- Dr Elaine Cheung
- Dr Erik Fung
- Prof Stanley Hui
- Prof Alice Kong
- Dr Andrea Luk
- Dr Mandy Sea
- Dr Eric Tse
- Dr Simon Wong
- Dr Sunny Wong



How  
about the  
fee?

	Early-bird Fee	Standard Fee
<b>Whole Course</b>	HK\$ 4,760	HK\$ 4,830
<b>Symposia</b>		
Both	HK\$ 690	HK\$ 770
Each	HK\$ 385	HK\$ 425
<b>Interactive Workshops</b>		
Both		HK\$ 4,600
Each		HK\$ 2,350

## Exemptions

- Applicants who have obtained the Attendance Certificates of both symposiums of COWM 2019 can apply for the Interactive Workshops direct.
- Students would receive an Attendance Certificate for each completed symposium/workshop. Those who have completed the whole course are entitled to sit for a Multiple Choices Quiz scheduled for 20 March 2021 (Saturday).
- A Completion Certificate will be awarded to students who have passed the Multiple Choices Quiz.
- Holders of the Completion Certificate of this course would be entitled to apply for exemption of Course MEDM5301 for the MSc in Endocrinology, Diabetes and Metabolism, within 3 years from the course completion date.